

GENERAL INFORMATION

Many patients qualify for programs that cover the cost of their care. If you are uninsured and don't qualify for a program, your cost is discounted based on your income and family size. For more information please contact the clinic directly.

- Everyone is welcome at our health centers!
- We accept many public and private health insurance programs and plans including Aetna, Blue Cross, Care 1st, CDP, Champus, CHDP, CHDP-TR, CHG, CMS, Family PACT, Medi-Cal, Medicare, Molina, Ryan White and Tri-Care.
- Please call your clinic directly to make an appointment.
- Please call at least 24 hours in advance if you need to cancel an appointment; otherwise, there may be a charge for missed appointments.
- Walk-in visits are available. The wait time will depend on the urgent needs of other patients.
- Please bring your insurance card (if you have one), your child's immunization card (for pediatric visits), and the original containers of your current medications (including vitamins, herbs and dietary supplements) to every visit.
- If you have a medical emergency when your clinic is closed, call 911. If you have an urgent medical issue that cannot wait until your clinic opens, please call the on-call physician at 619-692-2414.
- Patients are invited to call or meet with the Clinic Director to ask questions or express concerns. Please call 619-515-2300 for an appointment.
- For employment opportunities, please visit our website at www.fhcscd.jobs or call 619-515-2320.

SERVICES

ADOLESCENT MEDICINE

Full Service Teen Clinic, Peer Health Education, Drop-In Center, Teen Pregnancy Prevention Programs

ADULT MEDICINE

Sick Visits, Physicals, Immunizations, Chronic Disease Management for Diabetes & High Blood Pressure

CHILD DEVELOPMENT SERVICES

Healthy Development Screenings, Assessments & Interventions, Occupational, Physical and Speech Therapy, Audiology, Parenting Classes, Community Toddler Enrichment Program

CHILDREN'S MEDICINE

Immunizations, Physicals, Sick Visits, Well Child Care

COUNSELING/MENTAL HEALTH SERVICES

Services for Children, Adolescents and Adults, Individual & Group Sessions, Medication Management, Court Certified Domestic Violence Treatment Program

DENTAL CARE

Urgent Care, Examinations, Cleanings, Fillings, X-Rays, Dentures

HIV SERVICES

Testing, Counseling, Primary Care, Case Management, Prevention, Mental Health

PATIENT CARE SUPPORT SERVICES

Health Screenings, Individual & Group Sessions on Asthma, Cholesterol, Diabetes, High Blood Pressure, Nutrition, Weight Management, Lead Poisoning Prevention

PHARMACY (LOGAN SITE ONLY)

SPECIALTY CARE

Endocrinology, Otolaryngology (Ear, Nose, and Throat), Podiatry, Rheumatology

VISION CARE (LOGAN SITE ONLY)

Optometry, Ophthalmology, Vision Exams, Glasses & Contact Lenses, Glaucoma & Cataract Screenings

WOMEN'S MEDICINE

Pregnancy Tests, Family Planning, Prenatal & Postnatal Care, Lactation Services, Gynecology, Breast & Cervical Cancer Screening



Welcome to
Family Health Centers of San Diego!

Our goal is to provide you caring,
affordable, high quality healthcare.
Our staff will help you access affordable
programs that meet your unique needs.

We are here to help!

619-515-2300

WWW.FHCSD.ORG



**FAMILY HEALTH CENTERS
OF SAN DIEGO**

*Providing caring, affordable, high
quality healthcare to San Diego
families since 1970.*

619-515-2300

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*Not all services are available at every site.
Please call your clinic for specific services.*

LOCATIONS

BEACH AREA FAMILY HEALTH CENTER

3705 Mission Blvd., San Diego, CA 92109
Tel. 619 515-2444 Fax. 858 488-1394
Mon, Tues, Wed, Fri 8:30 AM – 5:30 PM
Thursday 9:00 AM – 6:00 PM

BEACH AREA WOMEN'S HEALTH CENTER

3690 Mission Blvd., San Diego, CA 92109
Tel. 619 515-2444 Fax. 858 488-1714
Mon, Tues, Wed 8:30 AM – 5:00 PM*
Thursday 9:00 AM – 6:00 PM

BLACK INFANT HEALTH PROGRAM

12 N. Euclid Ave., National City, CA 91950
Tel. 619 266-7466 Fax. 619 262-9188
Monday - Friday 8:30 AM – 5:00 PM

CHASE AVENUE FAMILY HEALTH CENTER

1111 W. Chase Avenue, El Cajon, CA 92020
Tel. 619 515-2499 Fax. 619 593-9164
Monday - Friday 8:30 AM – 5:30 PM*
Saturday 8:30 AM – 12:30 PM

CHULA VISTA FAMILY HEALTH CENTER

251 Landis Ave., Chula Vista, CA 91910
Tel. 619 515-2500 Fax. 619 934-9578
Monday - Friday 8:30 AM – 5:30 PM*

CITY HEIGHTS FAMILY HEALTH CENTER

5379 El Cajon Blvd., San Diego, CA 92115
Tel. 619 515-2400 Fax. 619 546-0739
Monday - Friday 8:30 AM – 5:30 PM*
Saturday 8:30 AM – 12:30 PM

DIAMOND NEIGHBORHOODS FAMILY HEALTH CENTER

220 Euclid Avenue, Ste 40, San Diego, CA 92114
Tel. 619 515-2560 Fax. 619 263-2499
Monday - Friday 8:30 AM – 5:30 PM*

DOWNTOWN FAMILY HEALTH CENTER

1145 Broadway, San Diego, CA 92101
Tel: 619 515-2525 Fax: 619 233-3067
Monday - Friday 8:00 AM – 5:00 PM*

LOCATIONS

GROSSMONT SPRING VALLEY FAMILY HEALTH CENTER

8788 Jamacha Road, Spring Valley, CA 91977
Tel: 619 515-2555 Fax: 619 462-5584
Mon, Wed, Thurs, Fri 8:30 AM - 5:30 PM
Tuesday 8:30 AM - 7:00 PM

EAST COUNTY FAMILY COUNSELING CENTER

Tel: 619 515-2385 Fax: 619 589-2812
Mon, Wed, Thurs, Fri 8:30 AM - 5:30 PM
Tuesday 8:30 AM - 7:00 PM

GROSSMONT SPRING VALLEY DENTAL CLINIC

Tel: 619 515-2330 Fax: 619 589-2812
Monday - Friday 8:15 AM - 5:00 PM *

HEALTHY DEVELOPMENT SERVICES

CENTRAL REGION

2114 National Avenue, San Diego, CA 92113
Tel: 619 515-2406 Fax 619 544-6494
Monday - Friday 8:30 AM - 5:00 PM
Saturday 9:00 AM - 1:00 PM

EAST REGION

1234 Broadway, El Cajon, CA 92021
Tel: 619-515-2463 Fax: 619-444-0884
Monday - Friday 8:30 AM - 5:00 PM
1st & 3rd Sat. of month 9:00 AM - 1:00 PM

HIV SERVICES

HIV COORDINATED SERVICES CENTER
3514 30th Street, San Diego, CA 92104
Tel: 619 515-2446 Fax: 619 501-4984
Please call for hours.

HIV PREVENTION CENTER

4040 30th Street, San Diego, CA 92104
Tel: 619 515-2446 Fax: 619 692-0478
Please call for hours.

MINORITY AIDS INITIATIVE

3928 Illinois Street, San Diego, CA 92104
Tel: 619 876-4462 Fax: 619 450-6267
Please call for hours.

KIDCARE EXPRESS MOBILE MEDICAL UNITS

Tel: 619 515-2312
Please call for clinic hours and daily unit location.

LOCATIONS

LEMON GROVE FAMILY HEALTH CENTER

7592 Broadway, Lemon Grove, CA 91945
Tel: 619 515-2550 Fax: 619 337-0525
Monday - Friday 8:30 AM - 5:30 PM*

LOGAN HEIGHTS FAMILY HEALTH CENTER

1809 National Avenue, San Diego, CA 92113
Tel: 619 515-2300 Fax: 619 234-2447
Monday 8:15 AM - 7:00 PM
Tuesday - Thursday 8:15 AM - 6:00 PM
Friday 8:15 AM - 5:30 PM
Saturday 8:30 AM - 5:00 PM

LOGAN HEIGHTS DENTAL CLINIC

Tel: 619 515-2394 Fax: 619 515-2552
Monday - Saturday 8:15 AM - 5:00 PM *

LOGAN HEIGHTS PEDIATRIC DEVELOPMENTAL SERVICES

Tel: 619 515-2512 Fax: 619 696-0412
Monday - Friday 8:30 AM - 5:00 PM

LOGAN HEIGHTS FAMILY COUNSELING CENTER

2204 National Avenue, San Diego, CA 92113
Tel: 619 515-2355 Fax: 619 232-7011
Monday - Wednesday 8:00 AM - 8:00 PM
Thursday & Friday 8:00 AM - 5:00 PM

NORTH PARK FAMILY HEALTH CENTER

3544 30th Street, San Diego, CA 92104
Tel: 619 515-2424 Fax: 619 683-7570
Mon, Wed, Thurs 8:30 AM - 5:30 PM
Tuesday 8:30 AM - 6:00 PM
Friday 8:30 AM - 5:00 PM
Saturday 8:30 AM - 12:30 PM

CIACCIO MEMORIAL CLINIC

Tel. 619 515-2587 Fax. 619 683-7588
Mon, Tues, Wed, Thurs 8:30 AM – 5:30 PM*
Friday 9:00 AM – 5:00 PM

HILLCREST (NORTH PARK) DENTAL CLINIC

Tel: 619 515-2434 Fax: 619 683-7590
Monday - Friday 8:15 AM - 5:00 PM

NORTH PARK PEDIATRIC CLINIC/DEVELOPMENT CENTER

3514 30th Street, San Diego, CA 92104
Tel: 619 515-2424 Fax: 619 683-7570
Mon - Thurs 8:30 AM - 5:30 PM
Fri 8:30 AM - 5:00 PM

LOCATIONS

PRENATAL & PATIENT CARE SUPPORT SERVICES

1845 Logan Avenue, San Diego, CA 92113
Tel: 619 515-2526 Fax: 619 234-8884
Monday - Friday 8:30 AM - 5:00 PM *
Please call for Saturday hours.

SHERMAN HEIGHTS FAMILY HEALTH CENTER

2391 Island Avenue, San Diego, CA 92102
Tel: 619 515-2435 Fax: 619 233-2621
Monday - Friday 8:00 AM - 5:00 PM *

TEEN HEALTH CENTER

1643 Logan Avenue, San Diego, CA 92113
Tel: 619 515-2333 Fax: 619 239-1015
Monday 9:00AM - 6:00PM*
Tues, Wed 1:30 PM - 5:30 PM
Thursday 1:30 PM - 6:00 PM
Friday 1:30 PM - 5:30 PM

* Indicates locations that close daily for lunch.

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