

GENERAL INFORMATION

EVERYONE IS WELCOME AT OUR HEALTH CENTERS!

- We accept many public and private health insurance programs and plans including Aetna, Blue Cross, Care 1st, CDP, Champus, CHDP, CHDP-TR, CHG, CMS, Family PACT, LIHP, Medi-Cal, Medicare, Molina, Ryan White and Tri-Care.
- Many patients qualify for programs that cover the cost of their care. If you are uninsured and don't qualify for a program, your cost is discounted based on your income and family size.
- Please call your clinic directly to make an appointment.
- We appreciate 24 hours advance notice if you need to cancel an appointment.
- Evening, weekend and same day appointments are offered at many locations.
- Walk-in visits are also welcomed. Your wait time may depend on the urgent needs of other patients.
- We encourage all patients to see the same healthcare provider for each and every visit. Our staff can help you choose a Primary Care Provider (PCP) that best meets your needs. Making appointments for your care at the clinic or via phone will help ensure that you are always seen by the same provider.
- Please bring the original containers of your current medications, including vitamins, inhalants and dietary supplements, to every visit.
- Please bring your insurance card (if you have one) and your child's immunization card (for pediatric visits) to every visit.
- If you have a medical emergency, call 911. If you have an urgent medical issue, problem or question, please call your clinic directly. If the clinic is closed, please call the on-call physician for after-hours assistance at 619-692-2414.
- Patients are invited to call or meet with the Clinic Director to ask questions or express concerns. Please ask to speak to the Clinic Director if you are in the clinic or call to schedule a meeting.

SERVICES

ADOLESCENT MEDICINE

Full Service Teen Clinic, Peer Health Education, Teen Pregnancy Prevention Programs

ADULT MEDICINE

Sick Visits, Physicals, Immunizations, Chronic Disease Management

CHILD DEVELOPMENT SERVICES

Healthy Development Screenings, Assessments & Interventions, Occupational, Physical and Speech Therapy, Audiology, Parenting Classes, Community Toddler Enrichment Program

CHILDREN'S MEDICINE

Immunizations, Physicals, Sick Visits, Well Child Care

COUNSELING/MENTAL HEALTH SERVICES

Services for Children, Adolescents and Adults, Individual & Group Sessions, Medication Management

DENTAL CARE

Urgent Care, Examinations, Cleanings, Fillings, X-Rays, Dentures

HIV SERVICES

Testing, Counseling, Primary Care, Case Management, Prevention, Mental Health, Alcohol & Drug Treatment/Counseling

PATIENT CARE SUPPORT SERVICES

Health Screenings, Individual & Group Sessions on Asthma, Cholesterol, Diabetes, High Blood Pressure, Nutrition, Weight Management, Lead Poisoning Prevention, Breastfeeding Education

PHARMACY *(LOGAN SITE ONLY)*

SPECIALTY CARE

Endocrinology, Otolaryngology (Ear, Nose, and Throat), Podiatry, Rheumatology *(LIMITED SITES)*

VISION CARE *(LOGAN SITE ONLY)*

Optometry, Ophthalmology, Vision Exams, Glasses & Contact Lenses, Glaucoma & Cataract Screenings

WOMEN'S MEDICINE

Pregnancy Tests, Family Planning, Prenatal & Postnatal Care, Lactation Services, Gynecology, Breast & Cervical Cancer Screening

Your clinic will also provide care coordination to ensure all referrals and consults are integrated into your care plan.



**FAMILY HEALTH CENTERS
OF SAN DIEGO**

We are here to help!



Family Health Centers of San Diego is dedicated to providing caring, affordable, high quality healthcare and supportive services to everyone, with a special commitment to uninsured, low income and medically underserved persons.

WWW.FHCSD.ORG
www.facebook.com/FHCSD

Updated 4/17/12



**FAMILY HEALTH CENTERS
OF SAN DIEGO**



Accredited by The Joint Commission



For employment opportunities, please visit our website at www.fhcsd.org.

*Not all services are available at every site.
Please call your clinic for specific services.*

LOCATIONS

BEACH AREA FAMILY HEALTH CENTER
3705 Mission Blvd., SD, CA 92109
Tel: 619 515-2444 Fax: 858 488-1394
Mon, Tues, Wed, Fri 8:30 AM - 5:30 PM*
Thursday 9:00 AM - 6:00 PM*

BEACH AREA WOMEN'S HEALTH CENTER
3690 Mission Blvd., SD, CA 92109
Tel: 619 515-2444 Fax: 858 488-1714
Monday - Thursday 8:30 AM - 5:00 PM*

BLACK INFANT HEALTH PROGRAM
12 N. Euclid Ave., Nat. City, CA 91950
Tel: 619 266-7466 Fax: 619 262-9188
Monday - Friday 8:00 AM - 5:00 PM

CHASE AVENUE FAMILY HEALTH CENTER
1111 W. Chase Ave., El Cajon, CA 92020
Tel: 619 515-2499 Fax: 619 593-9164
Monday - Friday 8:30 AM - 5:30 PM*
Saturday 8:30 AM - 12:30 PM

CHULA VISTA FAMILY HEALTH CENTER
251 Landis Ave., Chula Vista, CA 91910
Tel: 619 515-2500 Fax: 619 934-9578
Monday - Friday 8:30 AM - 5:30 PM*

CITY HEIGHTS FAMILY HEALTH CENTER
5454 El Cajon Blvd., SD, CA 92115
Tel: 619 515-2400 Fax: 619 546-9800
Monday - Friday 8:30 AM - 5:30 PM*
Saturday 8:30 AM - 12:30 PM

CITY HEIGHTS DENTAL CLINIC
Tel: 619 515-2442 Fax: 619 546-8801
Mon, Wed, Thu 8:15 AM - 5:00 PM*

**DIAMOND NEIGHBORHOODS
FAMILY HEALTH CENTER**
220 Euclid Ave., Ste 40, SD, CA 92114
Tel: 619 515-2560 Fax: 619 263-2499
Monday - Friday 8:30 AM - 5:30 PM*

DOWNTOWN FAMILY HEALTH CENTER
1145 Broadway, SD, CA 92101
Tel: 619 515-2525 Fax: 619 233-3067
Monday - Friday 8:00 AM - 5:00 PM*

LOCATIONS

ELM STREET FAMILY HEALTH CENTER
140 Elm St., SD, CA 92102
Tel: 619 515-2520 Fax: 619 231-0431
Please call for clinic hours.

**GROSSMONT SPRING VALLEY
FAMILY HEALTH CENTER**
8788 Jamacha Rd., Spring Vly, CA 91977
Tel: 619 515-2555 Fax: 619 462-5584
Mon, Wed, Thu, Fri 8:30 AM - 5:30 PM
Tuesday 10:00 AM - 7:00 PM

EAST COUNTY FAMILY COUNSELING CENTER
Tel: 619 515-2385 Fax: 619 589-2812
Mon, Wed, Thu, Fri 8:30 AM - 5:30 PM*
Tuesday 10:00 AM - 7:00 PM*

GROSSMONT SPRING VALLEY DENTAL CLINIC
Tel: 619 515-2330 Fax: 619 589-2812
Monday - Friday 8:15 AM - 5:00 PM

HEALTHY DEVELOPMENT SERVICES
CENTRAL REGION/LOGAN
2114 National Ave., SD, CA 92113
Tel: 619 515-2406 Fax: 619 544-6494
Mon, Wed, Fri 8:00 AM - 5:30 PM
Tues, Thu 8:00 AM - 5:00 PM
Saturday 8:30 AM - 2:30 PM

EAST REGION
1234 Broadway, El Cajon, CA 92021
Tel: 619 515-2463 Fax: 619 444-0884
Monday - Friday 8:30 AM - 5:00 PM
1st & 3rd Sat. 9:00 AM - 1:00 PM
of the month

HIV SERVICES
ALCOHOL & DRUG SERVICES
3928 Illinois St., SD, CA 92104
Tel: 619 876-4462 Fax: 619 255-4174
Please call for hours.

CIACCIO MEMORIAL CLINIC
3544 30th St., SD, CA 92104
Tel: 619 515-2587 Fax: 619 683-7588
Monday - Thursday 8:30 AM - 5:30 PM*
Friday 8:00 AM - 5:00 PM*

LOCATIONS

HIV SERVICES CONTINUED..

HIV COORDINATED SERVICES CENTER
3514 30th St., SD, CA 92104
Tel: 619 515-2446 Fax: 619 501-4984
Monday - Friday 8:00 AM - 5:00 PM*

HIV PREVENTION CENTER
4040 30th St., SD, CA 92104
Tel: 619 515-2449 Fax: 619 692-0478
Please call for hours.

KIDCARE EXPRESS MOBILE MEDICAL UNITS
Tel: 619 515-2312
Please call for clinic hours and daily unit locations.

LEMON GROVE FAMILY HEALTH CENTER
7592 Broadway, Lemon Grove, CA 91945
Tel: 619 515-2550 Fax: 619 337-0525
Monday - Friday 8:30 AM - 5:30 PM*

LOGAN HEIGHTS FAMILY HEALTH CENTER
1809 National Ave., SD., CA 92113
Tel: 619 515-2300 Fax: 619 234-2447
Monday 8:00 AM - 7:00 PM
Tues - Thu 8:00 AM - 6:00 PM
Friday 8:00 AM - 5:30 PM
Saturday 8:15 AM - 5:00 PM

LOGAN HEIGHTS DENTAL CLINIC
Tel: 619 515-2394 Fax: 619 515-2552
Monday - Saturday 8:15 AM - 5:00 PM*

LOGAN HEIGHTS PEDIATRIC DEVELOPMENTAL SERVICES
Tel: 619 515-2515 Fax: 619 696-0412
Monday - Friday 8:30 AM - 5:00 PM

**PATIENT CARE SUPPORT SERVICES/HEALTH ED.
ADOBE BUILDING**
Tel: 619 515-2526 Fax: 619 234-8884
Monday - Friday 8:00 AM - 5:00 PM
Saturday 8:00 AM - 4:30 PM

LOCATIONS

LOGAN HEIGHTS FAMILY COUNSELING CENTER
2204 National Ave., SD, CA 92113
Tel: 619 515-2355 Fax: 619 232-7011
Monday 8:00 AM - 5:00 PM
Tues, Wed 8:00 AM - 8:00 PM
Thu, Fri 8:00 AM - 5:00 PM

NORTH PARK FAMILY HEALTH CENTER
3544 30th St., SD, CA 92104
Tel: 619 515-2424 Fax: 619 683-7570
Monday - Thursday 8:30 AM - 5:30 PM
Friday 8:00 AM - 5:00 PM
Saturday 8:30 AM - 12:00 PM

NORTH PARK (HILLCREST) DENTAL CLINIC
Tel: 619 515-2434 Fax: 619 683-7590
Monday - Friday 8:15 AM - 5:00 PM

NORTH PARK PEDIATRIC CLINIC/DEVT. CENTER
3514 30th St., SD, CA 92104
Tel: 619 515-2424 Fax: 619 683-7586
Monday - Thursday 8:30 AM - 5:30 PM
Friday 8:00 AM - 5:00 PM

POST PARTUM EDUCATION CENTER
1827 Logan Ave., Ste. #2, SD, CA 92113
Tel: 619 906-4621 Fax: 619 501-9073
Monday - Friday 8:30 AM - 5:00 PM*

SHERMAN HEIGHTS FAMILY HEALTH CENTER
2391 Island Ave., SD, CA 92102
Tel: 619 515-2435 Fax: 619 233-2621
Monday - Friday 8:00 AM - 5:00 PM*

TEEN HEALTH CENTER
1643 Logan Ave., SD, CA 92113
Tel: 619 515-2333 Fax: 619 239-1015
Monday - Friday 1:30 PM - 5:30 PM

**Indicates locations that close daily for lunch.
Lunch times will vary by location.*

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